



# Fostering a Trauma Sensitive Learning Environment

# Level 2 - with Presenter Kristin Souers, MA LMHC

Target Audience/s:
Administrators,
Counselors, Teachers,
Health & Community
Leaders Supporting
our Schools

## Tuesday, September 18, 2018

Hosted by Fresno County Superintendent of Schools Double Tree by Hilton, Sequoia Room 2233 Ventura St. Fresno, CA 93721

> 8:30 a.m.— 3:00 p.m. Registration Includes Breakfast, Lunch & Parking

Institute Description: Childhood Trauma is real, it is prevalent, and it impacts students, their learning, and the adults in their lives quite significantly. In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of best-selling "Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom"- ASCD, 2016) about the importance of trauma informed practices in the school setting. Participants will be introduced to and provided with opportunities to explore more in-depth the importance of fostering a culture of safety, predictability, and consistency; what it truly means to work as a team and address our students collectively; discuss a handful of strategies to support the New Three R's (Relationship, Responsibility, and Regulation); and how to sustain a healthy work-life balance. Attendees will be given opportunities to collaborate and problem-solve scenarios associated with fostering a trauma sensitive environment.

#### **Intended Professional Learning Outcomes:**

- Participants will deepen their understanding of the value of fostering a safe, predictable, and consistent learning environment.
- Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learningready states.
- Participants will collaborate to identify ways to support a team approach to addressing students' needs in a strength based way.
- Participants will reflect on the importance of a healthy work-life balance and its value in fostering and sustaining a trauma sensitive environment.

#### Level 2/Day 2

# This workshop is for participants who have completed Level 1.

#### Comments from previous workshops:

- Very practical, useful tool. Great presenter!
- Great info. The 3 R's, great explanation and ideas on how and why to reconnect with students
- Most helpful was a deeper understanding of what it means to be trauma informed
- The validation of the importance of creating safe learning environments while meeting the needs of our students with trauma
- Tools and strategies that I can implement in my classroom to provide a safe classroom was most helpful
- The strategies & tools to take back to the staff in regards to helping students with trauma were beneficial



ristin
Souers:
For
over
two decades, she
has dedicated
herself to the

improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed practices in a multitude of settings. As an independent consultant and adjunct faculty member at the Gonzaga University School of Education in the Counseling Dept., Kristin now provides critical professional development, consultation, education and training services to schools, school districts, and organizations throughout the country.

## "Forever Changed Not Forever Damaged"

The award-winning Publication, "Fostering Resilient Learners: Strategies for Creating A Trauma -Sensitive Classroom" (ASCD 2016) and many articles published in education journals, her most recent "Responding with Care to Students Facing Trauma", (December 2017/January 2018) have strengthened Kristin's impact in education.

## - Kristin Souers -

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Includes Breakfast Lunch and Parking

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(Includes Parking fee)	Early Bird Discount: By 8/18/2018	After 8/18/2018	HOW TO REGISTER:  Online: www.cascd.org—Use your Visa,
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*Non-member	\$200	\$220	of Purchase Order/P.O. Number if not processed
Student Teacher	\$95	\$115	yet, to: CASCD, P.O. Box 1841, Oroville, CA
**Teams of <b>4</b> or more	\$170 per p	erson	95965
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Account Number:			Total Workshop Fees: \$  A \$50 fee will be charged for cancellations made
Exp: MM/YR CCSC/CVC:			in writing prior to 8/18/18. No refunds will be given after the deadline. Confirmation will be sent
Name on Credit Card (Please print):			via e-mail, to each individual's address, after registrations are processed. If you do not receive a confirmation in a reasonable amount of time,
Billing Address:			please feel free to contact us at the e-mail below to verify we received it. Registrations may be
	City	Zip	transferred to another individual by scanning and
Signature:		Date:	attaching to an e-mail to cascd@cascd.org or

cheryl.casagrande57@gmail.com